

Getting Started on LOVAZA® (omega-3-acid ethyl esters)

LOVAZA is a prescription medicine used along with a low fat and low cholesterol diet to lower very high triglyceride (fat) levels in adults. It is not known if LOVAZA changes your risk of having inflammation of your pancreas (pancreatitis). It is not known if LOVAZA prevents you from having a heart attack or stroke.

Do I also need to eat a healthy diet?

Yes. LOVAZA is FDA approved, along with diet, to lower very high triglycerides in adult patients. Always consult your doctor first before making any diet changes.

What are the ingredients in LOVAZA?

The active ingredient is omega-3-acid ethyl esters, mostly eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). The inactive ingredients are gelatin, glycerol, purified water, and alpha-tocopherol (in soybean oil).

What type of fish is used to make LOVAZA?

LOVAZA is made from the body oil of fish that contain high levels of EPA and DHA, including the following that are primarily caught in the South Pacific Ocean:

- Anchovies (Engraulidae)
- Herring (Clupeidae)
- Salmon (Salmonidae)
- Mackerel (Scombridae)
- Smelt (Osmeridae)
- Jacks/scades/trevally (Carangidae)

How should I take LOVAZA?

- Take LOVAZA exactly as your doctor tells you to take it.
- You should not take more than 4 capsules of LOVAZA each day. Either take all 4 capsules at one time, or 2 capsules two times a day.
- Do not change your dose or stop LOVAZA without talking to your doctor.
- Take LOVAZA with or without food.
- Take LOVAZA capsules whole. Do not break, crush, dissolve, or chew LOVAZA capsules before swallowing. If you cannot swallow LOVAZA capsules whole, tell your doctor. You may need a different medicine.
- Your doctor may start you on a diet that is low in saturated fat, cholesterol, carbohydrates, and low in added sugars before giving you LOVAZA. Stay on this diet while taking LOVAZA.
- Your doctor should do blood tests to check your triglyceride, bad cholesterol and liver function levels while you take LOVAZA.

Important Safety Information for LOVAZA® (omega-3-acid ethyl esters)

Do not take LOVAZA if you are allergic to omega-3-acid ethyl esters or any ingredient in LOVAZA.

Tell your doctor if you are allergic to fish or shellfish, or if you are pregnant, breastfeeding or plan to become pregnant or breastfeed as LOVAZA may not be right for you.

Talk to your doctor about any current medical conditions and any medications you are taking, especially those that may increase your risk of bleeding.

Take LOVAZA exactly as your doctor tells you to take it. You should not take more than 4 capsules of LOVAZA each day.

Your healthcare provider should do blood tests to check your triglyceride, bad cholesterol and liver function levels while you take LOVAZA.

LOVAZA may cause serious side effects including increases in:

- results of blood tests to check your liver function (ALT and AST) and your bad cholesterol levels (LDL-C)
- frequency of a heart rhythm problem (atrial fibrillation or flutter) that may especially happen in the first few months of taking LOVAZA if you already have that problem.

The most common side effects include burping, upset stomach, and change in sense of taste.

How supplied: 1-gram capsule

For more information about LOVAZA, please visit LOVAZA.com.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Visit www.LOVAZA.com today for helpful tools and more information about very high triglycerides and LOVAZA.

Woodward Pharma Services believes that access to medicines is important.